

| Pl. | Nr. | Name | Vorname | Verein | Ges. | AK | AKPI | ges. Zeit |
|-----|-----|-------------------|------------|----------------------------|------|----|------|-----------|
| 1 | 323 | Klusmann | Dennis | LAZ Puma Rhein-Sieg | M | 35 | 1 | 2:43:58 |
| 2 | 416 | Dally | Tim | TUS Deuz | M | 30 | 1 | 2:47:19 |
| 3 | 238 | Hardenack | Frank | Neuenkleusheim | M | 35 | 2 | 2:52:20 |
| 4 | 162 | Bornheim | Fabian | RHEX Team | M | HK | 1 | 2:53:39 |
| 5 | 514 | Metz | Dieter | DSW Darmstadt | M | 45 | 1 | 2:58:18 |
| 6 | 381 | Weiser | Daniel | 7G runergy Laufteam | M | 35 | 3 | 2:58:28 |
| 7 | 496 | Jodocy | Pascal | CSN Clervaux | M | HK | 2 | 3:03:09 |
| 8 | 368 | Weier | Peter | PSV Bonn Triathlon | M | 30 | 2 | 3:07:34 |
| 9 | 584 | Roehl | Willy | SC Bütgenbach TRI | M | 40 | 1 | 3:10:43 |
| 10 | 587 | Strosny | René | Läuferherz Darmstadt | M | 40 | 2 | 3:12:01 |
| 11 | 410 | Chittka | Jörg | | M | 50 | 1 | 3:13:01 |
| 12 | 457 | Schrode | Martin | Spiridon Frankfurt | M | 40 | 3 | 3:14:25 |
| 13 | 330 | Frings | Eule | Selbstläufer SV Altenahr | M | 55 | 1 | 3:16:53 |
| 14 | 105 | Hunold | Maximilian | - | M | HK | 3 | 3:16:57 |
| 15 | 347 | Wagner | Thomas | LT Hanau/Bruchköbel | M | 45 | 2 | 3:17:33 |
| 16 | 316 | Schicklinski | Johann | TV Albig | M | 35 | 4 | 3:17:48 |
| 17 | 382 | Mertesacker | Andreas | 7G runergy Laufteam | M | HK | 4 | 3:18:17 |
| 18 | 383 | Supan | Till | 7G runergy Laufteam | M | 35 | 5 | 3:20:38 |
| 19 | 259 | Becker | Matthias | SSF Bonn | M | 35 | 6 | 3:20:49 |
| 20 | 155 | Müll | Stephan | LT Hennef | M | 45 | 3 | 3:20:59 |
| 21 | 265 | Dreßler | Marcel | HSV Berglöwe Bornheim | M | 35 | 7 | 3:21:24 |
| 22 | 370 | Rodriguez Baena | Rafael | TC Kray 1892 e.V. | M | 45 | 4 | 3:21:29 |
| 23 | 14 | Görlich | Martina | Ski-Keller Kaulard& | W | HK | 1 | 3:21:37 |
| 24 | 163 | Hacker | Johannes | keiner | M | 35 | 8 | 3:22:07 |
| 25 | 118 | Hecker | Toni | Racebooker | M | 30 | 3 | 3:22:22 |
| 26 | 286 | Kuhrau | Timo | LG Kaufungen | M | 55 | 2 | 3:23:10 |
| 27 | 506 | Schmitz | Arne | SC Komet Steckenborn | M | 30 | 4 | 3:23:17 |
| 28 | 311 | Kozak | Jan | Uni Bonn | M | HK | 5 | 3:23:50 |
| 29 | 282 | Bannies | Philipp | Solingen | M | HK | 6 | 3:24:12 |
| 30 | 264 | Hamacher | Markus | Team AZ West | M | 45 | 5 | 3:25:00 |
| 31 | 79 | Walter | iris | TV 1848 Meisenheim | W | 45 | 1 | 3:25:40 |
| 32 | 122 | Franz | Einiko | Lauftreff 1. FC Spich | M | 40 | 4 | 3:26:09 |
| 33 | 423 | Kreißl | Michael | TV 1861 Pappenheim | M | 30 | 5 | 3:26:17 |
| 34 | 67 | Frings | Annette | Selbstläufer SV Altenahr | W | 50 | 1 | 3:26:45 |
| 35 | 307 | Naujocks | Jens | TSV Niederranau | M | 50 | 2 | 3:26:55 |
| 36 | 149 | Spisla | Dominik | Sudbrack-Läufer | M | HK | 7 | 3:28:40 |
| 37 | 413 | Leykum | Günter | 7G runergy Laufteam | M | 45 | 6 | 3:30:30 |
| 38 | 329 | Hansel | Martin | ASC Weißbachtal | M | 50 | 3 | 3:30:35 |
| 39 | 245 | von Drathen | Arnt | Tura Meldorf | M | 50 | 4 | 3:30:41 |
| 40 | 359 | Wendel | Sebastian | Trail Team Nahetal | M | 30 | 6 | 3:30:48 |
| 41 | 274 | Heppekausen | Peter | TuS Schildgen | M | 50 | 5 | 3:30:56 |
| 42 | 414 | Teipel | Wolfgang | Attendorn | M | 60 | 1 | 3:30:58 |
| 43 | 600 | Staeves | Anne | LG Trampeltier | W | 45 | 2 | 3:31:05 |
| 44 | 324 | Runkel | Kai | LT IDE | M | 45 | 7 | 3:31:45 |
| 45 | 318 | Lanfer | Stephan | TrailTeamVelen | M | 30 | 7 | 3:31:54 |
| 46 | 417 | Diawuoh | Annabel | VFL Engelskirchen | W | HK | 2 | 3:32:15 |
| 47 | 169 | Bednarski | Sirko | Läufer Weißenthurm | M | 40 | 5 | 3:32:27 |
| 48 | 599 | Küpper | Lukas | LTB Aachen | M | 50 | 6 | 3:32:50 |
| 49 | 135 | Kohlgrüber | Thomas | SG Agathaberg | M | 45 | 8 | 3:32:58 |
| 50 | 303 | Ahansal | Mohamad | keiner | M | 40 | 6 | 3:33:35 |
| 51 | 595 | Fohr | Markus | Team Lahnsteiner Brauerei | M | 45 | 9 | 3:36:13 |
| 52 | 101 | Brunsfeld | Harald | Flecken Lauenau | M | 45 | 10 | 3:36:32 |
| 53 | 568 | Schenk | Martin | LT Hennef/Sieg | M | 35 | 9 | 3:36:46 |
| 54 | 299 | Bloch | Marcus | Starlight Trails | M | 35 | 10 | 3:37:17 |
| 55 | 279 | Poß | Niklas | Triathlon Team Uni Bonn | M | HK | 8 | 3:37:20 |
| 56 | 402 | Porporato Pereyra | Matias | | M | HK | 9 | 3:37:24 |
| 57 | 173 | Schmiade | Frank | TSG Grünstadt | M | 45 | 11 | 3:37:49 |
| 58 | 569 | Schneider | Udo | LT Siebengebirge | M | 45 | 12 | 3:38:05 |
| 59 | 343 | Myska | Paul | Keinen | M | HK | 10 | 3:38:14 |
| 60 | 102 | Reichl | Frank | DUV | M | 30 | 8 | 3:38:24 |
| 61 | 522 | Hennecke | Holger | SSF Bonn Triathlon | M | 50 | 7 | 3:38:31 |
| 62 | 58 | Hoffmann-Lenz | Natalie | Life is Running | W | 40 | 1 | 3:38:45 |
| 63 | 422 | Janßen | Stefan | | M | HK | 11 | 3:38:51 |
| 64 | 256 | Magyar | Peter | Bingen | M | 40 | 7 | 3:39:08 |
| 65 | 266 | Viele | Steffen | . | M | 45 | 13 | 3:39:11 |
| 66 | 322 | Witte | Bertram | LT Rummelsheim | M | 40 | 8 | 3:39:29 |
| 67 | 136 | Comes | Ole | TUS Kreuzweingarten-Rheder | M | 40 | 9 | 3:39:33 |

| Pl. | Nr. | Name | Vorname | Verein | Ges. | AK | AKPI | ges. Zeit |
|-----|-----|--------------|---------------|----------------------------|------|-----|------|-----------|
| 68 | 253 | Stein | Heiko | Team Erdinger Alkoholfrei | M | 45 | 14 | 3:39:58 |
| 69 | 302 | Pirl | Stephan | Mainaschaff | M | 35 | 11 | 3:40:11 |
| 70 | 305 | Schumacher | Frank Michael | Die Shoemakers | M | 45 | 15 | 3:40:26 |
| 71 | 217 | Klein | Guntram | Allein unterwegs | M | 50 | 8 | 3:40:44 |
| 72 | 535 | Niederau | Annette | | W | 40 | 2 | 3:40:49 |
| 73 | 567 | Rocholl | Lutz | | M | 50 | 9 | 3:40:55 |
| 74 | 528 | Zwilling | Thomas | Team Erdinger Alkoholfrei | M | 45 | 16 | 3:41:26 |
| 75 | 304 | Wuttke | Nawid | Wiesebach | M | 30 | 9 | 3:41:51 |
| 76 | 312 | Braun | Pirmin | LT SV Westum | M | 45 | 17 | 3:43:30 |
| 77 | 236 | Buob | Björn | - | M | 50 | 10 | 3:43:39 |
| 78 | 112 | Teders | Michael | WSGD 56 | M | 55 | 3 | 3:44:07 |
| 79 | 540 | Saadi | Robert | LG Rheinbach | M | 45 | 18 | 3:44:15 |
| 80 | 81 | Rudo | Sabine | PSV Bonn Triathlon | W | 30 | 1 | 3:44:19 |
| 81 | 508 | Heinle | Matthias | LG DUV | M | 35 | 12 | 3:44:28 |
| 82 | 269 | Dömlang | Robert | 7G runergy Laufteam | M | 45 | 19 | 3:44:48 |
| 83 | 154 | Lee | James | Keine | M | 45 | 20 | 3:44:52 |
| 84 | 248 | Malhofer | Thorsten | SG Neukirchen-Hülchrath | M | 35 | 13 | 3:44:55 |
| 85 | 363 | Kollas | Heiko | DAV Koblenz | M | 45 | 21 | 3:45:00 |
| 86 | 171 | Siebert | Armin | LG Kreis Dachau | M | 45 | 22 | 3:45:13 |
| 87 | 174 | Schelcher | Anselm | RunningMate | M | 30 | 10 | 3:45:16 |
| 88 | 419 | Stassen | René | Laufteam DVAG | M | 45 | 23 | 3:45:28 |
| 89 | 50 | Michels | Harry | Team ERDINGER Alkoholfrei | M | 50 | 11 | 3:45:31 |
| 90 | 504 | Barten | Hermann | LT Büdlich-Breit-Naurath | M | 55 | 4 | 3:45:42 |
| 91 | 106 | Bumann | Jörg | Stargate Kroog | M | 55 | 5 | 3:45:54 |
| 92 | 326 | Wild | Wolfgang | DJK Weiden | M | 45 | 24 | 3:46:02 |
| 93 | 184 | Dreesbach | Dirk | LC Weilerswist | M | 45 | 25 | 3:46:35 |
| 94 | 579 | Pretorius | Dirk | LG Donatus Erftstadt | M | 45 | 26 | 3:46:39 |
| 95 | 389 | Nentwig | Axel | Trailteam Nahetal | M | 45 | 27 | 3:46:51 |
| 96 | 134 | Ihlo | Bernd | TuS Holtenau Kiel | M | 50 | 12 | 3:46:55 |
| 97 | 399 | Schrameyer | Kai | Marathon Ibbenbüren | M | 30 | 11 | 3:47:08 |
| 98 | 197 | Müller | Roland | Jugendzentrum Altenkirchen | M | 45 | 28 | 3:47:15 |
| 99 | 388 | Biermann | Klaus | LT Dünwalder TV | M | 50 | 13 | 3:47:19 |
| 100 | 73 | Wietscher | Antje | TV Refrath | W | 55 | 1 | 3:47:31 |
| 101 | 355 | Haaser | Matthias | TV Witzhelden | M | 45 | 29 | 3:47:34 |
| 102 | 563 | Kleine | Ingo | LT Ennert | M | 50 | 14 | 3:47:56 |
| 103 | 371 | Gutknecht | Axel | LG Dorsten | M | 45 | 30 | 3:48:01 |
| 104 | 126 | Vogt | Wolfgang | Feuerwehr SV Düsseldorf | M | 55 | 6 | 3:48:04 |
| 105 | 251 | Jaap Sije | Bosgraaf | SV Friesland | M | 50 | 15 | 3:48:24 |
| 106 | 517 | Klapper | Uwe | ohne | M | 50 | 16 | 3:48:28 |
| 107 | 578 | Klick | Michael | SUS Bertlich | M | 45 | 31 | 3:49:09 |
| 108 | 40 | Bey | Katharina | - | W | HK | 3 | 3:49:12 |
| 109 | 325 | Laborde | Sylvain | DSHS | M | 30 | 12 | 3:49:12 |
| 110 | 534 | Unverzagt | Klaus Guido | | M | 45 | 32 | 3:49:18 |
| 111 | 55 | Kath | Petra | LT SV Westum | W | 45 | 3 | 3:49:18 |
| 112 | 327 | Gerlach | Marco | kein Verein | M | 40 | 10 | 3:49:23 |
| 113 | 199 | Treptow | Thorsten | ASC Kronach | M | 50 | 17 | 3:49:27 |
| 114 | 499 | Helfenstein | Willy | SG Neukirchen-Hülchrath | M | 55 | 7 | 3:49:34 |
| 115 | 130 | Scheibehenne | Dr. Günther | STC Hommertshausen | M | 65 | 1 | 3:49:59 |
| 116 | 573 | Nolte | Robert | LC Olympia Wiesbaden | M | 35 | 14 | 3:50:19 |
| 117 | 390 | Kukulies | Marius | TV Elten | M | HK | 12 | 3:50:41 |
| 118 | 392 | Jök | Steffen | TV Elten | M | HK | 13 | 3:50:42 |
| 119 | 241 | Liedtke | Bernd | Eschborn | M | 45 | 33 | 3:50:57 |
| 120 | 315 | Stobbe | Torsten | ASC Weißbachtal | M | 35 | 15 | 3:51:01 |
| 121 | 572 | Efferoth | Timo | LT Siebengebirge | M | 40 | 11 | 3:51:13 |
| 122 | 183 | Hirschberger | Sascha | Lilly09 | M | 45 | 34 | 3:51:22 |
| 123 | 397 | Bergmann | Eik | Marathonteam Ratingen | M | 45 | 35 | 3:51:38 |
| 124 | 598 | Bayer-Klier | Catherine | Team Ultra Sports | W | 40 | 3 | 3:51:53 |
| 125 | 123 | Alcantara | Philip | Rainbow Kennel | M | 30 | 13 | 3:51:58 |
| 126 | 187 | Jeworrek | Johannes | LG Heimerzheim | M | Jun | 1 | 3:52:06 |
| 127 | 581 | Funken | Daniel | Anlauf Siegen | M | 35 | 16 | 3:52:24 |
| 128 | 258 | Rosellen | Markus | LT Siebengebirge | M | 40 | 12 | 3:52:38 |
| 129 | 104 | Dr. Otto | Christoph | SSF Bonn Triathlon | M | 50 | 18 | 3:52:41 |
| 130 | 510 | Fischer | Thomas | RLT Rodgau | M | 45 | 36 | 3:52:52 |
| 131 | 336 | Fiedler | Bernd | Röntgen Sportclub RS eV | M | 55 | 8 | 3:52:54 |
| 132 | 526 | Stroh | Sizzo | SSF Bonn Triathlon | M | 30 | 14 | 3:53:02 |
| 133 | 240 | März | Tino | vereinslos | M | 40 | 13 | 3:53:04 |
| 134 | 411 | Postler | Bastian | 7G runergy Laufteam | M | 30 | 15 | 3:53:09 |

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|-----|-----|-----------------|-------------|----------------------------|------|----|------|-----------|
| 135 | 571 | Metzler-Nesheda | Thomas | TSV Bayer 04 Lauftreff | M | 45 | 37 | 3:53:12 |
| 136 | 570 | Krebs | Michael | TUS Quettingen | M | 45 | 38 | 3:53:14 |
| 137 | 492 | Joerger | Elmar | Obstläufer Nierendorf | M | 55 | 9 | 3:53:18 |
| 138 | 191 | Dohr | Andreas | Team Erdinger Alkoholfrei | M | 40 | 14 | 3:53:24 |
| 139 | 276 | Schmitt | Michael | - | M | 45 | 39 | 3:53:24 |
| 140 | 565 | Houben | Rudolf | LLG 80 Nordpark Köln | M | 60 | 2 | 3:54:10 |
| 141 | 133 | Loeber | Ralf | - | M | 35 | 17 | 3:54:21 |
| 142 | 196 | Geske | Lutz | TEA Barnstorf | M | 45 | 40 | 3:54:36 |
| 143 | 208 | Rotte | Uwe | Team ERDINGER Alkoholfrei | M | 55 | 10 | 3:54:38 |
| 144 | 60 | Rengers | Katja | Starlight Team Essen | W | 35 | 1 | 3:54:49 |
| 145 | 594 | Fetick | Sebastian | | M | 30 | 16 | 3:55:02 |
| 146 | 280 | König | Bernd | ... | M | 45 | 41 | 3:55:09 |
| 147 | 501 | Mastropietro | Sandra | ASICS FRONTRUNNER | W | HK | 4 | 3:55:21 |
| 148 | 2 | Detert | Tamara | Engel & Helden | W | 40 | 4 | 3:55:28 |
| 149 | 396 | Hausen | Andreas | Linz | M | 50 | 19 | 3:56:02 |
| 150 | 407 | Reintzsch | Ingo | Alfterer SC | M | 35 | 18 | 3:56:10 |
| 151 | 249 | Theilig | Stefan | TV Lorsbach | M | 60 | 3 | 3:56:25 |
| 152 | 408 | Melzer | Elke | Alfterer SC | W | 50 | 2 | 3:56:31 |
| 153 | 175 | Franz | Torsten | TuS-Laubach e.V. | M | 45 | 42 | 3:56:39 |
| 154 | 103 | Grossmann | Rainer | TV Haibach | M | 55 | 11 | 3:56:51 |
| 155 | 539 | Simon | Chris | LG Rheinbach | M | 45 | 43 | 3:56:54 |
| 156 | 69 | Remshagen | Doris | TV Refrath | W | 45 | 4 | 3:57:04 |
| 157 | 546 | Gabriel | Hans-Ulrich | Laufen gegen Leiden | M | 55 | 12 | 3:57:29 |
| 158 | 398 | Keller | Harald | Auslaufmodelle | M | 55 | 13 | 3:58:08 |
| 159 | 456 | Müller | Thomas | LT Siebengebirge | M | 45 | 44 | 3:58:12 |
| 160 | 53 | Korz | Sabine | LAZ Puma Rhein-Sieg | W | 35 | 2 | 3:58:17 |
| 161 | 290 | waldschmidt | ullrich | tv wetzlar | M | 55 | 14 | 3:58:26 |
| 162 | 255 | Ilull | christian | moukry | M | 40 | 15 | 3:58:43 |
| 163 | 64 | Brusius | Volker | 7G runergy Laufteam | M | 40 | 16 | 3:58:58 |
| 164 | 577 | van Lou | Christian | | M | 55 | 15 | 3:59:16 |
| 165 | 168 | Schwendt | Horst | LC Weilerswist | M | 45 | 45 | 3:59:41 |
| 166 | 401 | Kohl | Jürgen | LT SV Westum | M | 45 | 46 | 4:00:26 |
| 167 | 338 | Randt | Christoph | LT Hemsbach | M | 60 | 4 | 4:00:33 |
| 168 | 341 | Riedel | Roland | LG Westerwald | M | 50 | 20 | 4:00:52 |
| 169 | 71 | Hoffmann | Sigrid | LG Westerwald | W | 50 | 3 | 4:00:55 |
| 170 | 46 | Hamel | Jasmin | TV Stierstadt | W | 50 | 4 | 4:01:16 |
| 171 | 538 | Scheeff | Günter | SG-Stern Stuttgart | M | 60 | 5 | 4:01:39 |
| 172 | 476 | Ueberholz | Antje | Meddys LWT Koblenz | W | 45 | 5 | 4:02:02 |
| 173 | 91 | Hornfeck | Katja | ---- | W | 40 | 5 | 4:02:05 |
| 174 | 334 | Simon | Frank | TuS 1896 Waldböckelheim | M | 45 | 47 | 4:02:14 |
| 175 | 320 | heinkelein | Michael | Ig Mauerweg | M | 35 | 19 | 4:02:22 |
| 176 | 39 | Fischer | Sabine | Laufmonster | W | 50 | 5 | 4:02:34 |
| 177 | 321 | Mascher | Karl | VfL Tegel Berlin | M | 60 | 6 | 4:02:38 |
| 178 | 129 | Merten | Torsten | 1.FC Köln | M | 35 | 20 | 4:03:11 |
| 179 | 146 | Schreiber | Tobias | Kerpen | M | 35 | 21 | 4:03:15 |
| 180 | 186 | Jeworrek | Thomas | LG Heimerzheim | M | 45 | 48 | 4:03:44 |
| 181 | 165 | Andrae | Wolfram | Hunsrück-Marathon e.V. | M | 40 | 17 | 4:03:55 |
| 182 | 582 | Wauter | Susanne | | M | 45 | 49 | 4:04:04 |
| 183 | 185 | Banaszak | Klaus | Irreal Dortmund | M | 45 | 50 | 4:04:20 |
| 184 | 558 | Brietzke | Joachim | LG Seligenstadt | M | 50 | 21 | 4:04:23 |
| 185 | 224 | Schuster | Ralf | TC Kray 1892 e.V. | M | 50 | 22 | 4:04:27 |
| 186 | 349 | John | Dennis | TC Kray 1892 e. V. | M | 30 | 17 | 4:04:29 |
| 187 | 409 | Schlegel | Ilona | Melpomene Bonn | W | 45 | 6 | 4:04:36 |
| 188 | 590 | Volpe | Marcello | Team Erdinger Alkoholfrei | M | 45 | 51 | 4:05:09 |
| 189 | 232 | Grathoff | Heiko | TV Linz | M | 40 | 18 | 4:05:23 |
| 190 | 212 | Krüntzer | Andreas | Druckguss Westfalen | M | 40 | 19 | 4:05:44 |
| 191 | 547 | Schultheiss | Anja | Laufen gegen Leiden | W | 35 | 3 | 4:05:47 |
| 192 | 190 | Ziemons | André | Rapid Ramirez | M | 55 | 16 | 4:06:02 |
| 193 | 189 | Eiteneuer | Bernd | Rapid Ramirez | M | 55 | 17 | 4:06:09 |
| 194 | 45 | Schüler | Nadia | Bingen | W | 30 | 2 | 4:06:19 |
| 195 | 278 | Grothe | Sven | LoVid Grafenschaft | M | 40 | 20 | 4:06:37 |
| 196 | 344 | Flasche | Martin | Bonn | M | 55 | 18 | 4:06:40 |
| 197 | 254 | Michaelis | Olli | Meddys LWT Koblenz + TEA | M | 40 | 21 | 4:06:52 |
| 198 | 374 | Urban | Kai | FC St. Pauli AFM | M | 50 | 23 | 4:07:32 |
| 199 | 543 | Koschitzki | Norbert | Eintracht Duisburg 1848 eV | M | 50 | 24 | 4:08:02 |
| 200 | 139 | ter Heege | Clive | recreant | M | 50 | 25 | 4:08:15 |
| 201 | 281 | Hoffmann | Norbert | LG Westerwald | M | 75 | 1 | 4:08:23 |

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|-----|-----|---------------|----------------|--------------------------------|------|----|------|-----------|
| 202 | 32 | Hübner | Britta | LC Duisburg | W | 50 | 6 | 4:08:53 |
| 203 | 387 | Hippe | Karsten | Team Erdinger Alkoholfrei | M | 40 | 22 | 4:08:58 |
| 204 | 332 | Brandenburg | Robert | Knieweh Niederrhein | M | 45 | 52 | 4:09:01 |
| 205 | 74 | Schlaak | Jasmin | 7g Runergy | W | 50 | 7 | 4:09:22 |
| 206 | 80 | Seer | Diana | LT SV Westum | W | 40 | 6 | 4:09:25 |
| 207 | 365 | Osbahr | Sven | Köln | M | 45 | 53 | 4:09:35 |
| 208 | 272 | Bartel | Alexander | Marathonteam Ratingen | M | 50 | 26 | 4:10:05 |
| 209 | 530 | Heidemann | Gaby | SV Wolsfeld | W | 40 | 7 | 4:10:13 |
| 210 | 529 | Zeband | Rainer | VS Schweningen | M | 50 | 27 | 4:10:16 |
| 211 | 331 | Helmes | Martin | ohne Verein | M | 45 | 54 | 4:10:19 |
| 212 | 516 | Konradi | Thomas | Selbstläufr SV Altenahr | M | 55 | 19 | 4:10:30 |
| 213 | 77 | Kynast | Anna Marie | - | W | HK | 5 | 4:10:41 |
| 214 | 235 | Maxeiner | Erhard | LG Einrich | M | 65 | 2 | 4:10:49 |
| 215 | 66 | Diekmann | Tatjana | Helios Iron Team | W | 45 | 7 | 4:10:59 |
| 216 | 297 | Schrödler | Uwe | Nix Verein | M | 45 | 55 | 4:11:31 |
| 217 | 82 | Ropertz | Nina | BSG Waz Essen | W | 30 | 3 | 4:11:54 |
| 218 | 268 | Krott | Christoph | SV Viktoria Goch | M | 50 | 28 | 4:11:59 |
| 219 | 9 | Chen | Yinglan | Xiamen | W | 30 | 4 | 4:12:04 |
| 220 | 589 | Schyrer | Stefan | LT SV Westum | M | 50 | 29 | 4:12:12 |
| 221 | 393 | Grundt | Dirk | Ultra-Team TorTour | M | 45 | 56 | 4:12:38 |
| 222 | 580 | Werbonat | Jens | DUV | M | 40 | 23 | 4:12:40 |
| 223 | 356 | Schmidt-Haupt | Guido | 7G Runergy | M | 45 | 57 | 4:12:44 |
| 224 | 246 | Schneider | Michael | TV 1888 Ruppichteroth | M | 35 | 22 | 4:12:55 |
| 225 | 350 | Michaelis | Martin | LT Venusberg | M | HK | 14 | 4:13:13 |
| 226 | 94 | Kohl | Sylva | LT SV Westum | W | 55 | 2 | 4:13:22 |
| 227 | 523 | Frenzl | Nicole | Schnauftreff Oberursel | W | 40 | 8 | 4:13:25 |
| 228 | 188 | John | Frank | LG Heimerzheim | M | 45 | 58 | 4:13:37 |
| 229 | 230 | Nink | Oliver | joerg-laeuft.de - supporter te | M | 45 | 59 | 4:13:52 |
| 230 | 157 | Syburra | Eric | SV Weitersburg | M | 45 | 60 | 4:13:54 |
| 231 | 512 | Jacobsen | Meinert | Lahme Enten | M | 50 | 30 | 4:13:58 |
| 232 | 210 | Kragten | Victor | keiner | M | 45 | 61 | 4:14:55 |
| 233 | 213 | Raabe | Markus | Druckguss-Westfalen/TV Ostwig | M | 40 | 24 | 4:15:18 |
| 234 | 554 | Steffen | Martin | Viktoria Huppenbroich | M | 60 | 7 | 4:15:31 |
| 235 | 364 | Blankenberg | Klaus | LT Heimbach-Weis | M | 50 | 31 | 4:16:20 |
| 236 | 111 | Wittayer | Gordon | VLG Eisenbach | M | 40 | 25 | 4:16:40 |
| 237 | 220 | Winkler | Ingolf | www.kilometersammler.de | M | 40 | 26 | 4:16:44 |
| 238 | 386 | Hansmeier | Andreas | SC Espeln | M | 40 | 27 | 4:16:50 |
| 239 | 537 | Dreesbach | Rudolf | LT Siebengebirge | M | 45 | 62 | 4:16:53 |
| 240 | 75 | Warlich | Anke | LT Siebengebirge | W | 35 | 4 | 4:17:03 |
| 241 | 172 | Kreuer | David | RunningMate | M | 30 | 18 | 4:17:06 |
| 242 | 35 | Honisch | Eva | Urban RUnners Munich | W | 30 | 5 | 4:17:09 |
| 243 | 267 | Wittkämper | Klaus | - | M | 65 | 3 | 4:17:10 |
| 244 | 145 | Graf | Christian | Ohne | M | 45 | 63 | 4:17:27 |
| 245 | 588 | Krantz | Claudia | LLG 80 Nordpark Köln | W | 45 | 8 | 4:17:35 |
| 246 | 180 | Kiefer | Jan | Meddys LWT Koblenz | M | 45 | 64 | 4:18:52 |
| 247 | 148 | Schipke | Herbert | Dattenberg | M | 55 | 20 | 4:19:01 |
| 248 | 90 | Miketta | Helga | Birkedorfer TV | W | 70 | 1 | 4:19:32 |
| 249 | 228 | Kurth | Thomas | Running Team Bad Ems | M | 50 | 32 | 4:19:55 |
| 250 | 247 | Rüttgers | Erwin | LT Hennef/Sieg | M | 65 | 4 | 4:20:01 |
| 251 | 144 | Janik | Roland | Turnverein Sinzig | M | 50 | 33 | 4:20:04 |
| 252 | 137 | Zimmer | Martin | MeFiMaLe | M | 45 | 65 | 4:20:10 |
| 253 | 317 | Fröde | Volker | Tus Hamborn-Neumühl | M | 70 | 1 | 4:20:32 |
| 254 | 87 | Stirmann | Erika | LT Hemsbach | W | 50 | 8 | 4:20:37 |
| 255 | 515 | Grab | Heribert | Lt Hemsbach | M | 65 | 5 | 4:20:41 |
| 256 | 115 | Werle | Frank | Maxi4Minis | M | 40 | 28 | 4:20:43 |
| 257 | 511 | Rosler | Pierre | X3M Triathlon Mersch | M | 45 | 66 | 4:20:54 |
| 258 | 227 | Hoyler | Rudolf | Run 4 Fun Bübingen | M | 55 | 21 | 4:20:58 |
| 259 | 352 | Löhr | Stefan | LT Hertha Buschhoven | M | 45 | 67 | 4:20:59 |
| 260 | 211 | Scheidler | Arnt | TV Goldbach | M | 40 | 29 | 4:21:06 |
| 261 | 405 | Prangenberg | Frank | Rheinhöhenlauf | M | 45 | 68 | 4:21:34 |
| 262 | 509 | Eichert | Hans-Christoph | keiner | M | 55 | 22 | 4:21:37 |
| 263 | 216 | Dr. Gickler | wolfgang | Mirko´s Running-Team | M | 55 | 23 | 4:21:48 |
| 264 | 314 | Klasing | Jörg | TSG Sulzbach | M | 45 | 69 | 4:22:20 |
| 265 | 20 | Vos | Marleen | Tv breukelen | W | 30 | 6 | 4:22:47 |
| 266 | 95 | Dietzschold | Beate | Marathon Projekt Remscheid 201 | W | 50 | 9 | 4:22:57 |
| 267 | 234 | Meißner | Karsten | Team Erdinger Alkoholfrei | M | 30 | 19 | 4:23:10 |
| 268 | 243 | Grees | Michael | Ohne | M | 50 | 34 | 4:23:16 |

| Pl. | Nr. | Name | Vorname | Verein | Ges. | AK | AKPI | ges. Zeit |
|-----|-----|---------------------|------------|------------------------------|------|----|------|-----------|
| 269 | 406 | Zimmermann | Peter | TUS Lindenholzhausen | M | 60 | 8 | 4:23:23 |
| 270 | 404 | Herzhoff | Miriam | | W | HK | 6 | 4:23:25 |
| 271 | 288 | Buchmaier | Dietmar | TriCologne | M | 55 | 24 | 4:23:30 |
| 272 | 340 | Elbrecht | Heinz | Hillhunter-Hessen | M | 55 | 25 | 4:23:35 |
| 273 | 300 | Rugies | Daniel | TriCologne | M | 30 | 20 | 4:23:35 |
| 274 | 482 | Galozi | Josef | Orbis | M | 35 | 23 | 4:23:44 |
| 275 | 141 | Drotschmann | Wolfgang | SpeedPartner | M | 45 | 70 | 4:24:03 |
| 276 | 160 | Gerhardt | Jörg | BSG FZ Jülich | M | 60 | 9 | 4:24:06 |
| 277 | 30 | Kiel | Silke | Laufteam Fürth 2010 | W | 45 | 9 | 4:24:15 |
| 278 | 170 | Vosseveld | Eduard | kein | M | 50 | 35 | 4:24:30 |
| 279 | 219 | Braun | Andreas | Running Team Grafenberg | M | 50 | 36 | 4:24:36 |
| 280 | 596 | Bakir | Gúlay | SSF Bonn | M | 40 | 30 | 4:24:49 |
| 281 | 549 | Pieper | Guido | Sportfreunde Rhein-Main | M | 45 | 71 | 4:24:54 |
| 282 | 28 | Schlieker | Rebekka | ohne | W | 35 | 5 | 4:25:00 |
| 283 | 391 | Haack | Rudi | LT Siebengebirge | M | 60 | 10 | 4:25:13 |
| 284 | 33 | Kohler | Melanie | LG DUV | W | 40 | 9 | 4:25:45 |
| 285 | 221 | Kohler | Steffen | LG DUV | M | 45 | 72 | 4:25:45 |
| 286 | 548 | Schellin | Holger | SSF Bonn | M | 40 | 31 | 4:25:53 |
| 287 | 291 | Dyrbusch | Peter | Dudenhofen | M | 45 | 73 | 4:26:06 |
| 288 | 420 | Dumke | Holger | BSG WAZ Medien | M | 40 | 32 | 4:26:33 |
| 289 | 100 | Peterzelka | Nils | TSG Eppstein | M | 45 | 74 | 4:26:38 |
| 290 | 544 | Drechsler | Jörg | TV Groß-Umstadt | M | 40 | 33 | 4:27:06 |
| 291 | 403 | Jakubowski | Uwe | TV Schiefbahn Tri-Team | M | 45 | 75 | 4:27:22 |
| 292 | 214 | Ehrenberger | Dieter | LT Hemsbach | M | 50 | 37 | 4:27:47 |
| 293 | 120 | Danscheidt | Christian | vereinslos | M | HK | 15 | 4:27:53 |
| 294 | 566 | Sutor | Petra | Joggetten | W | 45 | 10 | 4:28:08 |
| 295 | 179 | Hoffmann | Christoph | DUV | M | 50 | 38 | 4:28:17 |
| 296 | 339 | Klatt | Dirk | Klattis Clan | M | 55 | 26 | 4:28:29 |
| 297 | 65 | Göbel | Carina | Helios Iron Team | W | 50 | 10 | 4:28:45 |
| 298 | 285 | Schmitz | Henning | LG Mauerweg Berlin e.V. | M | 50 | 39 | 4:28:56 |
| 299 | 10 | Holl | Brigitte | Team Steffi Steinberg | W | 50 | 11 | 4:29:01 |
| 300 | 153 | Behrendt | Frank | Goldstadt Laufteam | M | 40 | 34 | 4:29:08 |
| 301 | 110 | Haase | Falko | 100 Marathon Club | M | 45 | 76 | 4:29:09 |
| 302 | 204 | Brandt | Frank | Team B Karlshorst | M | 55 | 27 | 4:29:11 |
| 303 | 237 | Asmus | Sven | SSF Bonn Triathlon | M | 50 | 40 | 4:29:29 |
| 304 | 378 | Hartmann | Jörg | ohne | M | 45 | 77 | 4:29:51 |
| 305 | 225 | Terlecki | Andrzej | - | M | 50 | 41 | 4:30:12 |
| 306 | 466 | Ollig | Arndt | Tus 1882 Opladen | M | 50 | 42 | 4:30:24 |
| 307 | 564 | Daleki | Uwe | SV Weikersburg | M | 45 | 78 | 4:30:28 |
| 308 | 486 | Lenzig | Udo | kein Verein | M | 50 | 43 | 4:30:31 |
| 309 | 36 | Büchner | Patricia | DreamTeam | W | 50 | 12 | 4:30:36 |
| 310 | 38 | Reinhardt | Michaela | Dreamteam | W | 45 | 11 | 4:30:36 |
| 311 | 222 | Thielmann | Frank | Siegen | M | 45 | 79 | 4:30:39 |
| 312 | 319 | Rühl | Wolfgang | LT Hemsbach | M | 60 | 11 | 4:31:40 |
| 313 | 366 | Alberts | Harald | vereinslos | M | 45 | 80 | 4:31:47 |
| 314 | 555 | Jaschky-Sterzenbach | Iris | Troisdorfer LG M.U.T. | W | 50 | 13 | 4:31:58 |
| 315 | 19 | Kauertz | Beate | ohne Verein | W | 60 | 1 | 4:32:35 |
| 316 | 68 | Schmutz | Cornelia | LT Hemsbach | W | 45 | 12 | 4:34:14 |
| 317 | 328 | Göbel | Karsten | Helios Iron Team | M | 50 | 44 | 4:34:35 |
| 318 | 59 | Annegarn | Els | Jogging Run en Fun Genk | W | 55 | 3 | 4:34:55 |
| 319 | 306 | Helle | Friedrich | Lage | M | 50 | 45 | 4:34:58 |
| 320 | 298 | Kath | Thorsten | LT SV Westum | M | 50 | 46 | 4:35:25 |
| 321 | 369 | Derlich | Michael | Team Erdinger Alkoholfrei | M | 45 | 81 | 4:35:29 |
| 322 | 86 | Schade | Petra | Team Erdinger Alkoholfrei | W | 40 | 10 | 4:35:30 |
| 323 | 415 | Mons | Dr. Dieter | Troisdorfer LG M.U.T. | M | 60 | 12 | 4:35:36 |
| 324 | 239 | Esser | Wilfried | TV Huchem-Stammeln | M | 65 | 6 | 4:35:41 |
| 325 | 287 | Krauß | Wolfgang | CVJM Tente | M | 45 | 82 | 4:35:43 |
| 326 | 351 | Kühn | Oliver | Seniorenheim Stieldorferhohn | M | 40 | 35 | 4:36:08 |
| 327 | 353 | Paffe | Matthias | SK Wunderthausen | M | 45 | 83 | 4:36:10 |
| 328 | 345 | Erdstein | Steffen | Maritim Hangelar | M | 45 | 84 | 4:36:23 |
| 329 | 44 | Weiß | Doris | LG Einrich | W | 55 | 4 | 4:36:40 |
| 330 | 113 | Schulte | Jörn | IVC | M | 45 | 85 | 4:36:55 |
| 331 | 293 | Steckel | Manfred | TriathlonSteckelCologne | M | 60 | 13 | 4:36:58 |
| 332 | 48 | Sauren | Desiree | Birkesdorfer TV | W | 40 | 11 | 4:37:18 |
| 333 | 260 | Eßer | Eliseo | Birkesdorfer TV | M | 40 | 36 | 4:37:25 |
| 334 | 261 | Ibron | Alexander | Birkesdorfer TV | M | 45 | 86 | 4:37:44 |
| 335 | 202 | Werkhausen | Marius | Werkhausen | M | 35 | 24 | 4:38:01 |

| Pl. | Nr. | Name | Vorname | Verein | Ges. | AK | AKPI | ges. Zeit |
|-----|-----|----------------|--------------|-----------------------------|------|----|------|-----------|
| 336 | 11 | Vanderschaeghe | Nicole | Team Jigoku | W | 40 | 12 | 4:38:03 |
| 337 | 200 | Janßen | Philipp | PHILIP MES PERSONAL TRAINI | M | 40 | 37 | 4:38:07 |
| 338 | 574 | Benner | Ruth | Steinberg Coaching | W | 60 | 2 | 4:38:27 |
| 339 | 41 | Kirschner | Barbara | BSG Team EVAG | W | 45 | 13 | 4:38:29 |
| 340 | 158 | de Kruijff | Johannes | LBN-Duisburg | M | 60 | 14 | 4:38:40 |
| 341 | 553 | Grittner | Werner | LC Duisburg | M | 55 | 28 | 4:38:45 |
| 342 | 552 | Behlau | Markus | LC Duisburg | M | 30 | 21 | 4:38:46 |
| 343 | 273 | Klein | Stefan | CVJM Tente | M | 45 | 87 | 4:38:50 |
| 344 | 76 | Konradt | Marion | ohne | W | 50 | 14 | 4:39:03 |
| 345 | 346 | Konradt | Jochen | ohne | M | 50 | 47 | 4:39:04 |
| 346 | 536 | Muth | Jürgen | Offenbacher LC | M | 50 | 48 | 4:39:17 |
| 347 | 233 | Eckstein | Boris | Cologne Trailer | M | 45 | 88 | 4:39:32 |
| 348 | 108 | Wittkamp | Marcel | LT Schwarzer Mann | M | 45 | 89 | 4:39:38 |
| 349 | 89 | Kuckertz | Nicola | TV Obermaubach | W | 45 | 14 | 4:39:51 |
| 350 | 205 | Weiss | Fabian | | M | 40 | 38 | 4:40:36 |
| 351 | 182 | Siegler | Christian | Lachyoga Abensberg | M | 40 | 39 | 4:41:18 |
| 352 | 367 | Risch | Joachim | 100 Marathon Club | M | 60 | 15 | 4:41:29 |
| 353 | 194 | Baranov | Nikolay | kein | M | 35 | 25 | 4:41:36 |
| 354 | 12 | Bongard | Anja | Obstläufer Nierendorf | W | 45 | 15 | 4:42:27 |
| 355 | 24 | Sveatchina | Alexandra | kein | W | 30 | 7 | 4:42:31 |
| 356 | 542 | Weichsel | Katja | LG Rheinbach | W | 40 | 13 | 4:42:35 |
| 357 | 84 | Pflug | Gina | LT Alt-Erkrath | W | 30 | 8 | 4:43:03 |
| 358 | 57 | Oltmer | Anne | Nansi | W | 30 | 9 | 4:43:44 |
| 359 | 116 | Herzhoff | Peter | ----- | M | 60 | 16 | 4:44:12 |
| 360 | 562 | Bremer | Andreas | TRI Team TG Witten | M | 55 | 29 | 4:44:23 |
| 361 | 525 | Schulz | Reinhardt | RLT Rodgau | M | 70 | 2 | 4:44:35 |
| 362 | 527 | Berkelmans | Noud | La Vita Sana | M | 35 | 26 | 4:44:58 |
| 363 | 140 | Herkenhöner | Andreas | Selbstläufer SV Altenahr | M | 45 | 90 | 4:45:00 |
| 364 | 412 | Brocke | Carsten | | M | 45 | 91 | 4:45:03 |
| 365 | 292 | Schubert | Ralf K. | Team Erdinger 100MC | M | 45 | 92 | 4:45:19 |
| 366 | 361 | Ziegler | Sven | LT Alt-Erkrath | M | 35 | 27 | 4:45:36 |
| 367 | 586 | Strosny | Angela | | W | 45 | 16 | 4:45:52 |
| 368 | 560 | Petermann | Hans | TSV Riedlingen | M | 65 | 7 | 4:46:34 |
| 369 | 195 | Schellhorn | Georg | kein Verein | M | 55 | 30 | 4:46:58 |
| 370 | 533 | Sager | Frank | | M | 45 | 93 | 4:48:04 |
| 371 | 597 | Klenke | Thorsten | SCB Horrem | M | 45 | 94 | 4:48:15 |
| 372 | 593 | Keller | Karen | | W | 45 | 17 | 4:48:18 |
| 373 | 559 | Böckmann | Carsten | LC Duisburg | M | 45 | 95 | 4:48:21 |
| 374 | 192 | Dr. Audehm | Uwe | Alfterer SC | M | 55 | 31 | 4:48:30 |
| 375 | 23 | Lensing | Britta | kein | W | 45 | 18 | 4:48:33 |
| 376 | 394 | Luther | Heiko | Ermreuth / Wolgast | M | 45 | 96 | 4:48:48 |
| 377 | 93 | Bergmann | Iris | Lauftreff Nottuln/TEA | W | 50 | 15 | 4:49:31 |
| 378 | 61 | Buchenauer | Lisa | - | W | HK | 7 | 4:49:38 |
| 379 | 376 | Pawlik | Arne | TUS Koblenz | M | 30 | 22 | 4:51:03 |
| 380 | 289 | Baltres | Andreas | kein | M | 50 | 49 | 4:51:06 |
| 381 | 151 | Rummert | Horst | -- | M | 55 | 32 | 4:51:11 |
| 382 | 375 | Pinter | Robert | TuS Dollendorf | M | 30 | 23 | 4:51:16 |
| 383 | 207 | Homberg | Friedhelm | TV Eschhofen | M | 65 | 8 | 4:51:25 |
| 384 | 1 | vogelmann | karin | lt sc selters | W | 45 | 19 | 4:52:00 |
| 385 | 521 | Beer | Oliver | Team Erdinger Alkoholfrei | M | 40 | 40 | 4:52:12 |
| 386 | 591 | Roch | Karl | Laufbuchruhr.de | M | 50 | 50 | 4:52:35 |
| 387 | 585 | Bremer | Ulrike | Running Friends Bedburg | W | 55 | 5 | 4:52:55 |
| 388 | 360 | Fiebiger | Hartmut | Asbacher Laufmäuse | M | 50 | 51 | 4:55:49 |
| 389 | 451 | Schneider | Julia-Nadine | kein Verein | W | HK | 8 | 4:55:53 |
| 390 | 242 | Dankmeier | Dr. Wilfried | Team Terrier | M | 70 | 3 | 4:56:41 |
| 391 | 313 | Segger | Jörg | Team Charly | M | 60 | 17 | 4:57:26 |
| 392 | 377 | Eckstein | Raik | EL Randkanal | M | 40 | 41 | 4:57:28 |
| 393 | 215 | Siegemund | Sven | TuS 82 Opladen | M | 35 | 28 | 4:57:31 |
| 394 | 85 | Schupp | Petra | TV 1861 Bad Ems | W | 55 | 6 | 4:58:51 |
| 395 | 583 | Köhn | Gaby | Running Friends Bedburg | W | 50 | 16 | 5:00:49 |
| 396 | 418 | Albrecht | Frank | Altes Eisen | M | 50 | 52 | 5:00:56 |
| 397 | 5 | Sauerbach | Florentina | - | W | 45 | 20 | 5:01:07 |
| 398 | 556 | Scheerer | Sabine | LT-by Neiß/ TEA | W | 40 | 14 | 5:01:12 |
| 399 | 150 | Wollenweber | Uwe | LSV Porz / Köln | M | 50 | 53 | 5:01:15 |
| 400 | 507 | Preetz | Udo | 100 MC | M | 60 | 18 | 5:02:06 |
| 401 | 489 | Havreluk | Micha | Joggingclub Run en Fun Genk | M | 65 | 9 | 5:02:12 |
| 402 | 21 | van Wieren | Sietske | Rapid Ramirez | W | 30 | 10 | 5:04:18 |

| Pl. | Nr. | Name | Vorname | Verein | Ges. | AK | AKPI | ges. Zeit |
|-----|-----|----------------|--------------|--------------------------------|------|----|------|-----------|
| 403 | 335 | Deuringer | Peter | LT Dünwalder TV | M | 50 | 54 | 5:04:52 |
| 404 | 52 | Hajek | Verena | LG Donatus Erftstadt | W | 60 | 3 | 5:04:58 |
| 405 | 178 | Junker | Gerd | 100 Marathon Club | M | 55 | 33 | 5:05:06 |
| 406 | 49 | Möller | Kathrin | ohne | W | 50 | 17 | 5:06:08 |
| 407 | 519 | Weiler | Horst | Mirko´s Running Team | M | 50 | 55 | 5:06:24 |
| 408 | 518 | Weiler | Doris | Mirko´s Running Team | W | 50 | 18 | 5:06:31 |
| 409 | 128 | Tomaschewski | Ulrich | 100 Marathon Club | M | 60 | 19 | 5:07:34 |
| 410 | 310 | Laig | Uwe | TV Hohne | M | 55 | 34 | 5:09:10 |
| 411 | 337 | Okroy | Robert | - | M | 40 | 42 | 5:09:20 |
| 412 | 31 | Bley | Bianca | Die Waldgazellen | W | 40 | 15 | 5:09:31 |
| 413 | 107 | Boelen-Theile | Claus | ohne | M | 45 | 97 | 5:10:41 |
| 414 | 198 | Erasmus | Valentin | ohne | M | 50 | 56 | 5:11:18 |
| 415 | 380 | Zietlow | Hans-Uwe | LG DUV | M | 65 | 10 | 5:11:41 |
| 416 | 257 | Poppe | Karl-Heinz | Wanderfreunde Schöppe Düster | M | 55 | 35 | 5:12:05 |
| 417 | 263 | Schaffernicht | Steffen | Wanderfreunde Schöppe Düster | M | 35 | 29 | 5:12:08 |
| 418 | 513 | Karalus | Petra | LT Hemsbach | W | 50 | 19 | 5:12:10 |
| 419 | 545 | Feige | Claudia | TV Refrath | W | 40 | 16 | 5:12:17 |
| 420 | 17 | Seyda | Sonja | Meddys LWT Koblenz | W | 45 | 21 | 5:12:38 |
| 421 | 72 | Liszewitz | Dagmar | LT Dünwalder TV | W | 50 | 20 | 5:13:31 |
| 422 | 201 | Lammel | Georg | Lt Saaler Mühle | M | 50 | 57 | 5:13:34 |
| 423 | 294 | Philippe | Clooth | ohne | M | 50 | 58 | 5:15:02 |
| 424 | 4 | BLACK | ROBIN LEA | Running Team Grafenberg | W | 50 | 21 | 5:15:14 |
| 425 | 262 | Schneider | Andreas | TuS Miehlen | M | 45 | 98 | 5:15:28 |
| 426 | 26 | Keilen | Bettina | Run 4 Fun Bübingen | W | 45 | 22 | 5:15:47 |
| 427 | 16 | Holzapfel | Natalie | bevegt | W | 30 | 11 | 5:16:25 |
| 428 | 498 | Heinrich | annika | FL | W | HK | 9 | 5:16:28 |
| 429 | 56 | Meinebröker | Karin | TV Hohne | W | 45 | 23 | 5:16:36 |
| 430 | 109 | Harraß | chris | LT Siebengebirge | M | 65 | 11 | 5:17:15 |
| 431 | 576 | Fensky | Ulrich | | M | 60 | 20 | 5:17:40 |
| 432 | 575 | Weber | Dietmar | LT Mythos Stolberg | M | 60 | 21 | 5:17:45 |
| 433 | 283 | Matsumura | Satoshi | nil | M | 45 | 99 | 5:18:31 |
| 434 | 119 | Reinhold | Danny | Racebooker | M | 40 | 43 | 5:20:12 |
| 435 | 362 | Fiedler | Ernst-Oskar | LT Gruiten-Neandertal | M | 60 | 22 | 5:20:28 |
| 436 | 83 | Groß | Helgard | TV Frisch auf Lennep e.V. | W | 45 | 24 | 5:20:34 |
| 437 | 244 | Leydecker | Lucas | Its supposed to hurt like hell | M | HK | 16 | 5:20:41 |
| 438 | 592 | Müller | Gunnar | Remscheider SCB | M | 55 | 36 | 5:21:01 |
| 439 | 557 | Schaffrath | Eli | | W | 45 | 25 | 5:21:03 |
| 440 | 309 | Nofftz | Klaus | Run for Fun | M | 55 | 37 | 5:21:11 |
| 441 | 63 | Holzäpfel | Daniela | Ultra Team Hohenlohe | W | 40 | 17 | 5:22:18 |
| 442 | 13 | Dilling | Daniela | LG Nord Berlin | W | 50 | 22 | 5:22:25 |
| 443 | 252 | Mintgen | Dietmar | 100 Marathon Club | M | 60 | 23 | 5:22:29 |
| 444 | 541 | Weichel | Rainer | LG Rheinbach | M | 55 | 38 | 5:22:55 |
| 445 | 78 | John | Svenja | TC Kray 1892 e. V. | W | HK | 10 | 5:23:53 |
| 446 | 37 | Jahn | Birgit | TC Kray 1892 e.V. | W | 40 | 18 | 5:23:57 |
| 447 | 47 | Harnischmacher | Wibke | TC Kray 1892 e.V. | W | 35 | 6 | 5:24:01 |
| 448 | 223 | Kelbel | Joe | marathon4you.de | M | 50 | 59 | 5:24:56 |
| 449 | 51 | Frühauf | Sylvia | 100 Marathon Club | W | 50 | 23 | 5:25:36 |
| 450 | 275 | Ulmschneider | Klaus-Peter | 100 Marathon Club | M | 50 | 60 | 5:25:40 |
| 451 | 92 | Haack | Inge | LT Siebengebirge | W | 55 | 7 | 5:30:07 |
| 452 | 551 | Gleißner | Werner | | M | 50 | 61 | 5:30:38 |
| 453 | 550 | Meier | Werner | | M | 50 | 62 | 5:32:52 |
| 454 | 181 | Heyer | Hermann | LG Mauerweg Berlin | M | 55 | 39 | 5:39:54 |
| 455 | 166 | Weber | Manfred | UDMAN | M | 65 | 12 | 5:42:31 |
| 456 | 481 | Sültz | Mareike | TV Urbar | W | 30 | 12 | 5:42:56 |
| 457 | 43 | Sax | Almuth | TV Urbar | W | 45 | 26 | 5:43:02 |
| 458 | 42 | Sültz | Cordula | TV Urbar | W | 30 | 13 | 5:43:08 |
| 459 | 143 | Mertgen | Bernd | TV Honnefeld | M | 65 | 13 | 5:45:59 |
| 460 | 229 | Fischöder | Dr. Wolfgang | SV Sonsbeck | M | 60 | 24 | 5:51:55 |
| 461 | 373 | Bayerschen | Rudolf | DJK Wißmannsdorf | M | 60 | 25 | 5:52:07 |
| 462 | 88 | Linke | Inge | Kein | W | 45 | 27 | 5:57:10 |
| 463 | 54 | Birke | Katrin | Inklusion braucht Aktion | W | 55 | 8 | 5:57:12 |
| 464 | 561 | Weiß | Thomas-Teddy | LT Hemsbach | M | 50 | 63 | 6:03:19 |
| 465 | 395 | Brendemühl | Dieter | PT SV Aachen | M | 75 | 2 | 6:17:05 |
| 466 | 62 | Plückelmann | Willi | Tus Hamborn Neumühl | M | 65 | 14 | 6:35:13 |